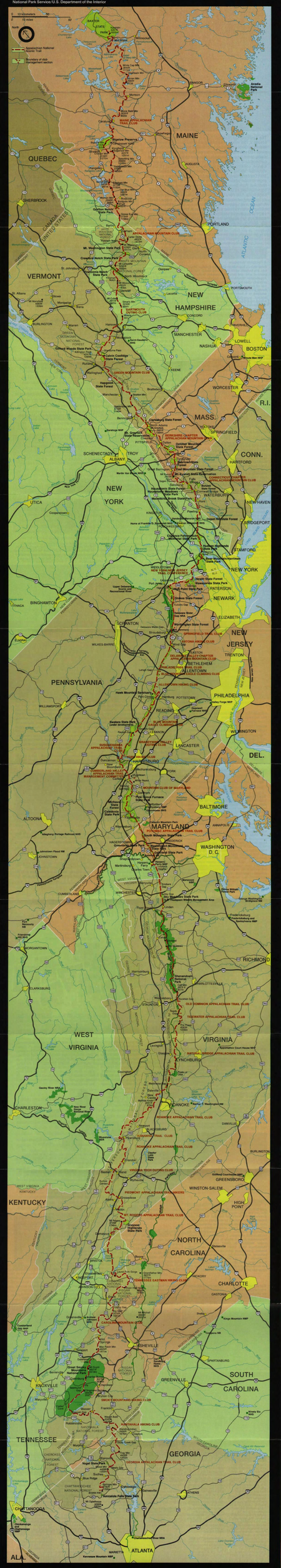

Appalachian Trail

National Scenic Trail/Maine to Georgia
National Park Service/U.S. Department of the Interior

0 10 kilometers 50
0 10 miles 50
North
Appalachian National Scenic Trail
Boundary of club management section
BAXTER STATE PARK
Katahdin 5267ft 1605m
Chamberlain Lake
Chesuncook Lake
Abol Bridge
Millinocket
Pemadumcook Lake
Nahmakanta Lake
Upper Jo-Mary Mtn
White Cap Mtn 3644ft 1111m
Chairback Mtn
Barren Mtn 2660ft 811m
Moosehead Lake
Seboomook Lake
Sebec Lake
MAINE QUEBEC
Monson
Moxie Bald Mtn 2630ft 802m
Kennebec River
Caratunk
MAINE APPALACHIAN TRAIL CLUB
Flagstaff Lake
Bigelow Preserve
Bigelow Mtn 4150ft 1265m
Carrabassett Valley
Stratton
Kingfield
Crocker Mtn 4168ft 1270m
Sugarloaf Mtn 4237ft 1291m
Spaulding Mtn 3988ft 1216m
Saddleback Mtn 4116ft 1255m
QUEBEC
Rangeley
Rangeley Lake
Bemis Mtn 2923ft 891m
Elephant Mtn 3774ft 1150m
Old Blue Mtn 3600ft 1097m
Mooselookmeguntic Lake
Umbagog Lake
Wyman Mtn 2945ft 898m
Andover
Baldpate Mtn 3812ft 1162m
Grafton Notch State Park
Goose Eye Mtn 3794ft 1156m
SHERBROOK
NEW HAMPSHIRE QUEBEC
CANADA UNITED STATES
Berlin
Gorham
WHITE MOUNTAIN NATIONAL FOREST
Pinkham Notch
Carter Dome 4832ft 1473m
Mt Washington 6288ft 1917m
Glen
North Conway
Mt. Washington State Park
Crawford Notch State Park
Moore Reservoir
Connecticut River
Lake Memphremagog
QUEBEC VERMONT
St. Johnsbury
Mt Lafayette 5249ft 1600m
WHITE MOUNTAIN NATIONAL FOREST
Franconia Notch State Park
Kinsman Notch
North Woodstock
Squam Lake
Mt Moosilauke 4802ft 1464m
Glencliff
Newfound Lake
VERMONT
St. Albans
Mt Mansfield 4393ft 1339m
Stowe
Montpelier
Barre
Mt Cube 2911ft 887m
Smarts Mtn 3240ft 988m
DARTMOUTH OUTING CLUB
Moose Mtn
BURLINGTON
LAKE CHAMPLAIN
Warren
Hanover
Lebanon
GREEN MOUNTAIN NATIONAL FOREST
Woodstock
Saint-Gaudens NHS
Kent Pond
Gifford Woods State Park
Killington Peak 4241ft 1293m
Sherburne Pass
Calvin Coolidge State Forest
Rutland
VERMONT NEW YORK
Wallingford
GREEN MOUNTAIN CLUB
Hapgood State Forest
Schroon Lake
Lake George
Manchester
Stratton Pond
Stratton Mtn
Hudson River
Long Lake
Glastenbury Mtn 3748ft 1142m
Harriman Res.
Bennington
Indian Lake
Saratoga NHP
Mt. Greylock State Reservation
Sacandaga Reservoir
SCHENECTADY
ALBANY
TROY
Martin Van Buren NHS
Mohawk River
New York Thruway
NEW YORK
UTICA
Cooperstown
Home of Franklin D. Roosevelt NHS
Ashokan Reservoir
Susquehanna River
Pepacton Res.
Neversink Reservoir
Millinocket
Penobscot River
BANGOR
Ellsworth
Acadia National Park
Skowhegan
MAINE
AUGUSTA
Androscoggin River
OCEAN
PORTLAND
ATLANTIC
APPALACHIAN MOUNTAIN CLUB
Sebago Lake
MAINE NEW HAMPSHIRE
Ossipee
Spaulding Turnpike
PORTSMOUTH
Lake Winnipesaukee
Laconia
NEW HAMPSHIRE
CONCORD
HAVERHILL
Lake Sunapee
MANCHESTER
Merrimack River
LOWELL
NASHUA
BOSTON
Concord
Minute Man NHP
KEENE
NEW HAMPSHIRE MASSACHUSETTS
WORCESTER
RHODE ISLAND
R.I.
Brattleboro
VERMONT MASSACHUSETTS
Quabbin Reservoir
MASSACHUSETTS CONNECTICUT
MASS.
Clarksburg State Forest
North Adams
Mt Greylock 3491ft 1064m
HOLYOKE
SPRINGFIELD
Cheshire
BERKSHIRE CHAPTER APPALACHIAN MOUNTAIN CLUB
PITTSFIELD
Dalton
October Mountain State Forest
MASSACHUSETTS NEW YORK
Lee
Tyringham
Beartown State Forest
CONN.
Barkhamsted Reservoir
HARTFORD
Great Barrington
East Mountain State Forest
Mt Everett 2602ft 793m
Mt. Everett State Reservation
CONNECTICUT CHAPTER APPALACHIAN MOUNTAIN CLUB
Sages Ravine
Salisbury
Falls Village
Housatonic State Forest
Mohawk State Forest
Housatonic Meadows State Park
Cornwall Bridge
WATERBURY
Macedonia Brook State Park
Taconic State Pkwy
Kent
NEW HAVEN
Housatonic River
Pawling
Lake Candlewood
KINGSTON
HUDSON RIVER
Vanderbilt Mansion NHS
Depot Hill State Forest
Eleanor Roosevelt NHS
POUGHKEEPSIE
BRIDGEPORT
CONN N.Y.
LONG ISLAND SOUND
Clarence Fahnestock Memorial State Park
Hudson Highlands State Park
Anthonys Nose
STAMFORD
Bear Mountain/Harriman State Park
MIDDLETOWN
NEW YORK/NEW JERSEY TRAIL CONFERENCE
N.Y. N.J.
NEW YORK
Unionville
Hewitt State Forest
Port Jervis
High Point
Vernon
Wawayanda State Park
High Point State Park
PATERSON
Stokes State Forest
NEWARK
Culvers Gap
Kittatinny Mtn
Delaware Water Gap NRA
ELIZABETH
Worthington State Forest
Mt. Tammany
Delaware Water Gap
Stroudsburg
SPRINGFIELD TRAIL CLUB
NEW JERSEY
Wind Gap
BATONA HIKING CLUB
EASTON
TRENTON
DELAWARE VALLEY CHAPTER APPALACHIAN MOUNTAIN CLUB
BETHLEHEM
PHILADELPHIA TRAIL CLUB
ALLENTOWN
BLUE MOUNTAIN EAGLE CLIMBING CLUB
PENNSYLVANIA NEW JERSEY
New Jersey Turnpike
ALLENTOWN HIKING CLUB
Hawk Mountain Sanctuary
Port Clinton
Hamburg
POTTSTOWN
PHILADELPHIA
Valley Forge NHP
Schuylkill River
Hopewell Furnace NHS
READING
DELAWARE RIVER
BLUE MOUNTAIN EAGLE CLIMBING CLUB
Swatara Gap
LEBANON
WILMINGTON
BRANDYWINE VALLEY OUTING CLUB
LANCASTER
DEL.
YORK HIKING CLUB
HARRISBURG
SUSQUEHANNA RIVER
Mechanicsburg
YORK
DELAWARE MARYLAND
PENNSYLVANIA MARYLAND
Churchtown
White Rocks
MOUNTAIN CLUB OF MARYLAND
Pine Grove Furnace State Park
Prettyboy Reservoir
CHESAPEAKE BAY
Gettysburg
Gettysburg NMP
BALTIMORE
Eisenhower NHS
Liberty Reservoir
Catoctin Mountain Park
ANNAPOLIS
MARYLAND
POTOMAC APPALACHIAN TRAIL CLUB
South Mountain State Park
FREDERICK
Washington Monument State Park
WASHINGTON D.C.
Gathland State Park
Antietam NB
Harpers Ferry
Harpers Ferry NHP
Loudoun Heights
Potomac River
Charles Town
Manassas NBP
Berryville
Snickers Gap
POTOMAC RIVER
Prince William Forest Park
Ashby Gap
Sky Meadows State Park
G.R. Thompson Wildlife Management Area
George Washington Birthplace NM
Front Royal
Linden
Rappahannock River
Fredericksburg
Fredericksburg and Spotsylvania NMP
GEORGE WASHINGTON NF
Luray
Skyland
Big Meadows
Skyline Drive
RICHMOND
Harrisonburg
Shenandoah National Park
CHARLOTTESVILLE
Calf Mtn 2975ft 907m
James River
Waynesboro
Rockfish Gap
STAUNTON
OLD DOMINION APPALACHIAN TRAIL CLUB
Reeds Gap
TIDEWATER APPALACHIAN TRAIL CLUB
The Priest 4063ft 1238m
Appomattox River
VIRGINIA
Appomattox Court House NHP
Lexington
Glasgow
NATURAL BRIDGE APPALACHIAN TRAIL CLUB
LYNCHBURG
JEFFERSON NF
Roanoke River
Peaks of Otter
Blackhorse Gap
Daleville
Smith Mountain Lake
New Castle
McAfee Knob 3201ft 976m
ROANOKE
Booker T. Washington NM
Upper Delaware Scenic and Recreational River
Delaware River
Lake Wallenpaupack
NEW YORK PENNSYLVANIA
Cayuga Lake
ITHACA
BINGHAMTON
SCRANTON
ELMIRA
WILKES-BARRE
Pennsylvania Turnpike Northeast Ext.
Lehigh Gap
PENNSYLVANIA
WILLIAMSPORT
West Branch Susquehanna River
Swatara State Park (under development)
Rausch Gap
SUSQUEHANNA APPALACHIAN TRAIL CLUB
Duncannon
New Bloomfield
CUMBERLAND VALLEY APPALACHIAN TRAIL MANAGEMENT COMMITTEE
Carlisle
Boiling Springs
Gardners
Michaux State Forest
Caledonia State Park
Fayetteville
Waynesboro
ALTOONA
Allegheny Portage Railroad NHS
HAGERSTOWN
Greenbrier State Park
Johnstown Flood NM
JOHNSTOWN
Shepherdstown
Martinsburg
Pennsylvania Turnpike
WEST VIRGINIA VIRGINIA
PENNSYLVANIA MARYLAND
Chesapeake and Ohio Canal NHP
CUMBERLAND
WINCHESTER
Fort Necessity NB
MARYLAND WEST VIRGINIA
Friendship Hill NHS
MORGANTOWN
Cheat River
Tygart Lake
Monongahela River
CLARKSBURG
GEORGE WASHINGTON NATIONAL FOREST
WEST VIRGINIA
Sutton Lake
Gauley River
Greenbrier River
Covington
Elk River
Gauley River NRA
New River
CHARLESTON
Kanawha River
New River Gorge National River
West Virginia Turnpike
Bluestone Lake
Bluestone NSR
Guyandotte River
JEFFERSON NATIONAL FOREST
Newport
Pearisburg
KANAWHA TRAIL CLUB
BLACKSBURG
ROANOKE APPALACHIAN TRAIL CLUB
Crandon
Claytor Lake State Park
Bastian
Bland
VIRGINIA TECH OUTING CLUB
Wytheville
Burkes Garden
WEST VIRGINIA KENTUCKY
WEST VIRGINIA VIRGINIA
PIEDMONT APPALACHIAN TRAIL HIKERS
KENTUCKY
Atkins
Groseclose
Marion
MT. ROGERS APPALACHIAN TRAIL CLUB
Mt Rogers 5729ft 1746m
Grayson Highlands State Park
KENTUCKY VIRGINIA
Damascus
Clinch River
Holston River
South Holston Lake
Watauga Lake
Boone
BRISTOL
Laurel Fork Gorge
Elizabethton
KINGSPORT
JOHNSON CITY
CHEROKEE NATIONAL FOREST
TENNESSEE EASTMAN HIKING CLUB
Grandfather Mtn 5837ft 1779m
Roan High Knob 6285ft 1916m
PISGAH NATIONAL FOREST
VIRGINIA TENNESSEE
Erwin
Nolichucky River
Spivey Gap
Big Bald 5516ft 1681m
Mt Mitchell 6684ft 2037m
Greeneville
Andrew Johnson NHS
Cherokee Lake
CAROLINA MOUNTAIN CLUB
Cumberland Gap NHP
Hot Springs
French Broad River
ASHEVILLE
Max Patch Mtn 4629ft 1411m
Newport
Norris Lake
Davenport Gap
Mt Guyot 6621ft 2018m
Great Smoky Mountains National Park
PISGAH NATIONAL FOREST
Sevierville
Gatlinburg
Charlies Bunion 5375ft 1638m
KNOXVILLE
Cherokee
Newfound Gap
Clingmans Dome 6643ft 2025m
Maryville
Bryson City
Fontana Lake
Cades Cove
SMOKY MOUNTAINS HIKING CLUB
Tennessee River
Little Tennessee River
Wesser
Franklin
Stecoah Gap
Wayah Bald 5342ft 1628m
NORTH CAROLINA GEORGIA
NANTAHALA HIKING CLUB
Robbinsville
NANTAHALA NATIONAL FOREST
Standing Indian 5499ft 1676m
Clayton
TENNESSEE
TENNESSEE NORTH CAROLINA
Murphy
Dicks Creek Gap
CHEROKEE NATIONAL FOREST
Tray Mtn 4430ft 1350m
Blairsville
GEORGIA APPALACHIAN TRAIL CLUB
Vogel State Park
Neels Gap
Blood Mtn 4458ft 1359m
Suches
Blue Ridge
Chickamauga Lake
CHATTAHOOCHEE NATIONAL FOREST
Springer Mtn 3782ft 1153m
Dahlonega
access trail
Amicalola Falls State Park
Gainesville
TENNESSEE GEORGIA
CHATTANOOGA
Mt Oglethorpe 3290ft 1003m
Carters Lake
Chickamauga and Chattanooga NMP
Chattahoochee River
Chattahoochee River NRA
GEORGIA ALABAMA
MARIETTA
ATLANTA
Kennesaw Mountain NBP
ALA.
DANVILLE
BURLINGTON
VIRGINIA NORTH CAROLINA
Parkway
Guilford Courthouse NMP
GREENSBORO
WINSTON-SALEM
HIGH POINT
Blue Ridge
Yadkin River
High Rock Lake
NORTH CAROLINA
Statesville
Catawba River
Lake Norman
HICKORY
CHARLOTTE
Lake James
GASTONIA
Shelby
Kings Mountain NMP
NORTH CAROLINA SOUTH CAROLINA
Cowpens NB
Carl Sandburg Home NHS
SPARTANBURG
Broad River
GREENVILLE
SOUTH CAROLINA
Saluda River
Ninety Six NHS
SOUTH CAROLINA GEORGIA
Lake Hartwell
Clark Hill Reservoir
GEORGIA
ATHENS
Oconee River
Lake Oconee
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